



Vision 20/20 and Other Matters

There is a photographic exhibition being held in the Civic Centre at this time by the Ballyfermot Youth service to highlight the positive and productive purposes of many of our young people. As a Christian community it is good to be able to support such initiatives. I would like that the young people could see that they had that kind of support. I'm still hoping to hear from people who would take an interest in this area.

We are now celebrating Church Unity week. While this is to do with overcoming our differences as Christians in order to give a united witness to Christ, it also reminds us that we are part of a movement started by Jesus Christ that is open to people from all different lands and cultures. Racism is contrary to that intention and we have to be conscious of the tendency to avoid or discriminate against those who are different to ourselves. We have to look after our own, but not by turning our backs on others who are also God's children.

I would like to encourage people to give God more time in their lives by giving an hour a week to Eucharistic adoration in the prayer room. You may contact the parish if you wish to start doing so and haven't done so before. The Church itself will now be left open on weekdays till 11.30am to facilitate people dropping in for a prayer.

Volunteers are constantly being needed to carry out various functions in the Church. For example, the diocese has been on to us to ensure that we have a rota of people who count the money in order to facilitate transparency. SHARE have also granted us 25 thousand euro to alleviate our bank overdraught in recognition of the large amount this parish pays into the diocese. However, there is work to be done that will eat a bit into this grant.

Fr. Piaras

GROW Community Mental Health Support Group

Meets every Thursday at 7.30pm in Ballyfermot Pastoral Centre. Why not come along and learn more about positive mental health, well being, recovery and how GROW may help you achieve this. Free of charge. All welcome. Contact John 086 8033 126. Visit www.grow.ie.

GROW: Promoting Positive Mental Health"

Mass Times St. Matthew's

Weekends:

Saturday: Vigil Mass 6.30

Sunday: 10.30,12.00

Weekdays:

Mon, Wed, Thu, Fri: 10.00

Tue: Morning Prayer 10.00

Holyday of Obligation

Vigil Mass: 6.30pm

Holyday: 10.30am

Confessions: 6.00pm—6.30pm Saturday

Mass in Cherry Orchard Hospital

@ 8.15pm every Saturday

Christ Church Cathedral,

8pm, Friday

24 January 2020

A Service of prayer and music in Irish for Christian Unity Week

Theme:

The islanders showed us unusual kindness

(Acts 28:2)

Eolas / Information:

01-2854225, 01-6264450

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Readings for this Sunday

1st Reading: **Isaiah 49: 3, 5-6**

'I will make you the light of the nations'

2nd Reading: **1 Corinthians 1: 1-3**

'For he is their Lord no less than ours'

Gospel: **John 1: 29-34**

'He is the chosen One of God'.

Prayer Room

Eucharistic Adoration

Mon 10.30 – 9.00

Wed 10.30 – 9.00

Fri 10.30 – 9.00

Divine Mercy Meeting

Wed 8.00—9.00pm



Please take the newsletter home with you.

Mass Intentions

Saturday 6.30pm: Mary Brady, Joan Costello, Nancy Cullen, Denis Doyle, Martin Finn, Christy, Lil & Paddy Nugent (also 10.30am), Mary O'Connell, Margaret Walsh

Sunday 10.30: Paddy Brennan

Sunday 12.00: John & Mary Daly, Noel Loftus, Bernard & Teresa Murray, Bridget Roche

Wednesday: 10.00am People of the Parish

Rosary for the Unborn
is recited every Monday morning
in the Prayer Room
after 10.00am Mass.

Parish Centre

Drop in for a cup of tea or coffee and a chat
after 10.00am Mass Mon-Fri

Church Collections

	22 Dec	25 Dec	29 Dec	5 Jan	6 Jan
1st Collection	750	1355	710	625	185
SVP Collection	560	1065	510	510	110
Family Offering	N/A	N/A	N/A	1315	—

'Navigate your Work Future'

is a FREE day-long course developed by Third Age to help you assess yourself today and move towards tomorrow. The course is for people of all ages including mature age workers. Specifically, it will invite you to:

- Evaluate your personal skills and strengths
- Learn how to apply them to your best advantage
- Understand the changing workplace and future trends
- Identify opportunities for re-skilling, up-skilling and life-long learning

January courses run in the Spencer Hotel, Dublin on January 23, and Royal Hotel, Bray January 30. Further free courses will follow in spring and summer 2020. An online registration form is available, alternatively to book a place, and/or to register interest in future courses,

contact Third Age on 046-9557766 or
Email: nationaloffice@thirdageireland.ie

Free Dietitian Led DISCOVER DIABETES
Course for Type 2 Diabetes
in Ballyfermot Library.

A FREE 4 week course to help you manage your Type 2 Diabetes and is run by your local dietitian. It runs for 2.5 hours each week for 4 weeks.

What is covered in the course?

- Session 1: Learn about what diabetes is and how you can manage it.
Session 2: How to eat healthily and manage your weight
Session 3: Learn more about carbohydrates and how to read food labels.
Session 4: Planning for the future and living well with diabetes

The DISCOVER DIABETES course is starting
Wednesday 29th January and every
Wednesday up to and including
Wednesday 19th February

in the morning in Ballyfermot Library.

Places are limited and you **must register** to attend.

Call Elaine Brennan, Diabetes Co-ordinator
on 01 7958054 to register and find out more
information.

Week of Prayer
For Christian Unity



18-25 January 2020

GOSPEL READINGS FOR THE WEEK

Mon 20/01	Mk. 2: 18-22	'Why do your disciples not fast'
Tue 21/01	Mk. 2: 23-28	St. Agnes, Virgin, Martyr
Wed 22/01	Mk. 3: 1-6	'Is it against the law on the sabbath day to save life'
Thu 23/01	Mk. 3: 7-12	'You are the Son of God'
Fri 24/01	Mk. 3: 13-19	St. Francis De Sales, Bishop, Doctor
Sat 25/01	Mk. 16: 15-18	The Conversion of St. Paul, Apostle